

John Dexter: Parkinsons Disease Recent History

Date	Event/observations
26 Feb 19	First consultation with Dr Ghosh
27 Feb 19	Rasagilin discontinued; Sinemet 75/300
28 Feb 19	No significant change in symptoms
5 Mar 19	Tremor has been worsening
6 Mar 19	Rasagiline restarted to see if tremor can be reduced
10 Mar 19	Tadalafil restarted (after 6 month's gap) to see if there's any easing of incontinence
10 Mar 19	Tremor still troubling (teatray spilling persists to previous degree)
13 Mar 19	Began inter-dosing time interval increase to 5 hours ie administer at 0700, 1200, 1700
18 Mar 19	NICE advises against abrupt withdrawal of Rasagiline so plan reduction to 0.5 mg OPD
22 Mar 19	Teatray slopped; had to abandon attempt to provide hot milk to Sue
23 Mar 19	Teatray with solid borders shored up confidence; teatray operation successful
25 Mar 19	Last day taking 0.5 mg Rasagiline. No more Rasagiline; just 300/75 Sinemet from today
26 Mar 19	Feeling OK. Shall monitor carefully; intend to reduce Sinemet after two weeks to 250/62.5