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Our Ref: **PARKINSONS/JB/J/0841364**

25 September 2013

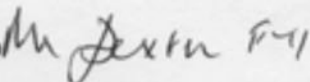
Parkinson's Disease Clinic: 13 September 2013

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Dear Dr Mayo



**MR JOHN DEXTER**

**Problems:**

1. Idiopathic Parkinson's disease (DaT scan positive)
2. Benign prostatism

**Recommendations from this clinic:**

1. No changes to medication
2. Review in six months

I saw Mr Dexter with his wife in the clinic today. He has started Rasagiline 1 mg once daily. He is finding it easier to carry cups of tea, has noticed no real improvement in the left hand tremor. He does feel better in his mood, having been slightly depressed for several years, but now feels much better. He has noticed some slight unsteadiness when walking and has had one fall in the garden; however, the fall was partly to do with tripping up in a hole in the garden and may not be related to Parkinson's disease. He generally feels that his tremor and rigidity are better or more stable than previously. He does not report any nightmares, vivid dreams or hallucinations. He is sleeping well, but has noticed increased daytime drowsiness.

On examination he has a marked resting tremor in the left hand, which worsens with distraction. He has a slight resting and action tremor on the right. He has some small amplitude movements in both hands, particularly on the left, but is not too bradykinetic at present. He does not display any dyskinesia. He has a good gait with a good stride length and a 3-step 180° turn.

His Parkinson's seems stable on the current dose of Rasagiline.

**Recommendations:**

I have not made any changes to medications today and we will review him in six months' time. Mr Dexter knows that he can call Sheena Morgan if he requires further advice on his

