

Direct line for appointments: 0845 0509 502 / 503

Our Ref: TURNER/JK/0841364

14 February 2013

Parkinson's Disease Clinic: 1 February 2013

Dr L Mayo
Waterfront And Solent Surgery
Waterfront & Solent Surg.
Jones Lane, Hythe
Southampton
Southampton
SO45 6AW

Medical Secretariat
Lymington New Forest Hospital
Wellworthy Road
LYMINGTON Hampshire
SO41 8QD

Fax: 01590 663068
www.southernhealth.nhs.uk

Dear Dr Mayo

MR JOHN DEXTER

Diagnoses:

1. Idiopathic Parkinson's affecting left arm, pre-existing bilateral intention tremor ?essential tremor - DAT scan positive
2. Prostatism on an alpha-blocker

Plan:

1. Start Rasagiline 1 mg daily
2. Review in six months
3. PD information given - patient will make contact with Sheena Morgan and private physiotherapist

Further to my last letter about this chap, just to let you know that the DAT scan was actually positive, showing depletion of dopamine in the right side, which would be compatible with the left-sided signs I had noticed. I understand that Mr Dexter did start on the Primidone and, although initially it was not clear that it made any difference to his tremor, he did notice when it was stopped that it probably had been slightly effective. Nonetheless, he is on nothing now and, of course, is not particularly impaired by the symptoms.

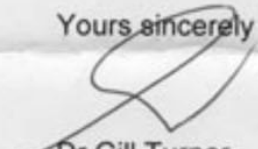
I have proposed that we start him on Rasagiline, which is relatively free of side-effects and as a monoaminoxidase inhibitor, will increase his inherent levels of dopamine. There is some controversial evidence that it might delay the progression of the disease (in other words, is neuroprotective), but in its own right as a treatment it is reasonably effective and has a very good side-effect profile. I have advised Mr Dexter that we cannot cure the disease, but aim to control it only and that there are quite a lot of symptoms which arise as a result of the problems with Parkinson's, which we will attempt to keep under control through the Parkinson's Clinic, although he should not expect to see a rapid deterioration over the next few months. I have advised him that, legally, he now has to inform the DVLA

and this may have an impact on his insurance. We have given him a pack of information about Parkinson's from the Parkinson's Disease Society and he will come and see you to get a prescription for the Rasagiline. I gave him a copy of his DAT scan for interest.

We will see him again in six months' time.

With best wishes.

Yours sincerely


Dr Gill Turner
Consultant Geriatrician