

What discoveries or surprises have you experienced today?

- It surprised me that couples who were together for so long never got bored/tired of one another.
- That all the couples never cheated on each other, and they had children after marriage.
- Old people (50+) are quite open to questions about marriage and intimate subjects, which I didn't expect.
- I learned that there can be couples who have loved each other for more than 40 years.
- I have discovered a new outlook on marriage, and understand the different types of relationships people have.
- Many things surprised me today. The fact that some couples are very close but still have problems.
- Marriage is not just about sex, it's about love, trust, honesty, communication and responsibilities.
- That in a relationship, if there is faith involved, it can help a lot with all the difficulties that you could come across.
- That all the couples got to know each other and were best friends beforehand.
- That you don't have to be the same, or have the same interests, to love each other.
- I learned that there are methods for resolving arguments, such as only one person talking at once.
- The way they handle their problems and that they don't keep things behind each other's backs.
- That even if they make mistakes, they still know how to forgive each other.
- How they dealt with difficulties/arguments.
- Couples can get back together and find trust and love again after an affair.
- That young love can last. And there can be age gaps in marriages.
- Not all relationships end in divorce and they can last.
- How children impact a relationship.
- I learned a lot more about what married life is like.
- That retired people are still sexually active.
- You have to work at a marriage to make it last. Also, they were best friends.
- I have learned that all relationships are unique.
- Learning about how different relationships develop and what challenges they can face.
- Old people are more lively than I thought they were, they do a lot of things.

Text

What difference might today's session make to you?

- That there is hope for all marriages to last a long time. Communication is key.
- It made me more aware of the signs of an unhealthy relationship.
- It helped me to understand what marriage in real life is like, and not how they show it in movies.
- I will think more about the practicalities of marriage and not get swept away by passion.
- I am more aware about how relationships develop over the years, and how they don't necessarily fade, but grow.
- The difference this session made to me is that it taught me a lot of qualities you need to learn to have a successful relationship.
- I have learned that you can't walk away from arguments, you have to solve them.
- I learned that it's important to say sorry and recognise you are wrong sometimes.
- I've realised it's important to admit your mistakes and apologise and listen to each other.
- Today's session has opened my eyes to what it's like to rely [on] and love someone in a committed relationship.
- I understand more what makes a good relationship.

- Maybe that long-term relationships aren't as boring as I thought.
- I learned that all couples argue and that we shouldn't be afraid of the future.
- Less stereotyping of older couples.
- Reflect more on marriage, how it works and what to expect.
- To forgive and let go of pain/bitterness.
- To always be truthful and trustworthy with each other.
- We should trust and forgive our loved ones, and make the best of it.
- We should believe in our faith and fight for what we want.
- That I can make the most of all my relationships with people.
- Made me realise that even through the hardest of times, there is always hope.
- Apply the hidden morals in the couples' answers to the relationships in my life.
- That God can really affect your relationship.
- It's given me advice for future decisions I might make.
- Makes me feel more confident about relationships.
- Think differently about when I'm going to get married or have children because of my future financial status.
- Made me look forward to/feel more confident about getting married and having children.
- It will make me think more about the future and what I want from it.
- It made me think about how to approach a relationship in the future. There is more to a relationship e.g. trust, responsibilities etc.
- It will make me think twice about marriage and the people I get close to. It makes me more aware of how marriage can turn out.
- To support your partner no matter what and to wait for the right one.
- I will consider more things such as financial issues, jobs and if it is true love.
- That marriage is a gift from God and we must take it seriously.
- Yes, that when having sex you have to be in a secure relationship.
- To appreciate how much parents/adults go through.